As of April 1, 2024, Foley Public Schools will be adopting the new CDC Guidelines for respiratory viruses including COVID-19, influenza, and respiratory syncytial virus(RSV). The guidelines are as follows:

## If you feel sick:

- Stay home and away from others until both of the following are true:
  - 24 hours without fever(without fever-reducing medicine) <u>AND</u> 24 hours of improved symptoms
  - Layer additional prevention strategies like masking, physical distancing, and testing for the next five days
- Use precautions when in public to prevent spread
- Seek health care promptly for testing and/or treatment if you have risk factors for severe illness.

If you do not have symptoms but test positive for a respiratory virus, use added precautions for 5 days as you may be contagious.

Please continue to report to Foley Public School or School Nurse if your student has tested positive for any respiratory viruses from above.